

Being Young 青春年华 - 9月2日

You are listening to English World.

你收听的节目是英语世界。

We are your hosts Mark and Wen-Jie.

马可和文洁我，是节目的主持。

Hey Wen-J, you cut your hair.

Oh, You noticed. 马可注意到，我把头发剪短了。

You look younger.

他说，我看来年轻了。 Well, I may look younger, but I am not growing younger. 只不过看来年轻，实际上我不年轻了。

Hey, No one can grow younger.

没有人会越长越年轻的。

But everyone wants to look younger, right?

但每个人都希望看来年轻些，不是吗？ I guess so.

Do you feel younger with your new haircut?

Yes, I do feel younger. 剪了头发，感觉年轻了。 Well Mark, you look young today, too. 他今天也看来年轻。

That has to do with this colorful shirt that I am wearing.

哦，这乃是因为他穿着颜色鲜艳的衬衫。 You are right. This shirt does make you look younger.

But of course, I try to stay young by exercising.

当然了，他也做运动健身，保持年轻。 Good for you.

I run and play sports.

马可常慢跑，也打球类运动。 No wonder you look younger.

How about you Wen-Jie, how do you stay young?

他问，我怎样保持年轻？ Do you really want to know?

Sure. Don't tell me it's some kind of cream or lotion.

No. 可不是跟什么美容霜，乳液有关的。 Here's my secret. I am sharing with you only.

You are sharing with me and the listeners.

All right. 我把我保持年轻的秘方传授给马可，也给听友你。

Which is?

Spend time with the young people.

Spend time with the young people.

Huh Hum. 就是多和年轻人在一起相处。 This keeps me young. 这让我保持年轻。

Interesting.

Vocabulary 123 生词点滴

Young, spelled y-o-u-n-g, young

(young 年轻，年纪小的意思)

young, younger, youngest

(young 的比较级 younger 比较年轻，最高级 youngest 最年轻)

Looking young (looking young 看来年轻)

Feeling young (feeling young 感到年轻)

Staying young (staying young 保持年轻)

Today we are talking about being young.

今天我们谈的题目是，青春年华。

Listener friends, are you at a young age now?

听友，你现在是否正当青春年华呢？

If so, that's great.

如果是的话，那太好了。

You have a future ahead of you.

你有光明的将来。

You are strong and full of energy.

你身强体壮，充满活力。

You have a lot of dreams.

你充满梦想。

You are growing in every way.

各方面都在成长。

In your height.

在身体外形上。

In your knowledge,

在知识学习上。

In your social skills.

在社交生活，与人相处上。

In your talents and abilities,

在你的才华能力上。

And in your wisdom and maturity.

也在你的智慧和成熟上有成长。

You are at a wonderful stage in life.

你正处于生命一个很美好的阶段里。

We wish you the best.

我们深深的祝福你。

How old is considered old? 什么年纪被认为是老呢？

A month is old for an apple, but young for a rock.

一个月时间，对苹果来说都成烂苹果了，但对石头来说，它才刚开始成形呢。

Ten years is old for a dog, but not for a human.

十岁，对狗来说，都成了老狗；但对人类来说，却还是少年。

Mark, a ten year old is just a young kid. 十岁是小孩子。

That's right. But, they grow to be young lad, young girl.

但他们长大一些，就成了 young lad 年轻小伙子，young girl 年少女孩。

And later they grow to be young man, and young woman.

再大一些，就是年轻男士，年轻女士。

Coming up next, we are going to hear a dialogue between two young people.

接下来，我们来听两位年轻朋友的谈话。

Here is Today's "Everyday Dialogue".

请听今天的，“每日会话”。

*Dialogue

A: Hey, what should we do this weekend?

B: I don't know yet, but we should do something fun.

A: Want to see a movie? Or, go shopping?

B: That sounds boring.

A: I know. Let's get together with friends and play some basketball.

B: Why not? I haven't done that for a while.

A: Great. We should enjoy ourselves while we're still young.

B: Yeah, We are only young once.

现在我来为你解释会话内容。

Hey, what should we do this weekend?

嘿，这周末我们作什么好呢？

I don't know yet, but we should do something fun.

我还不知道，但是我们该找点乐趣。

Want to see a movie? Or, go shopping?

要不要去看电影，或者去逛街？

That sounds boring.

那听起来太无聊了。

I know. Let's get together with friends and play some basketball.

我知道了。我们集合朋友一起来打篮球吧。

Why not? I haven't done that for a while.

也好啊。我已经好一阵子没和朋友聚聚了。

Great. We should enjoy ourselves while we're still young.

太好了。我们应该趁着年轻，好好开心玩乐。

Yeah, We are only young once.

是阿，我们年轻也只这一回而已。

Young people do like to have fun and enjoy themselves.

年轻人的确喜欢开心作乐。

The phrase "you are only young once" is a common saying.

这句话 you are only young once，是句西方谚语。

Which is the mentality of many young people today.

也的确是现今许多年轻人的心态。

Let's review this dialogue once again.

我们在来复习一回，每日会话。

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Verse of the Week 每周金句

Don't let anyone look down on you because you are young,

不可叫人小看你年轻，

but set an example for the believers

总要作信徒的榜样，

in speech, in life, in love, in faith and in purity.

在言语、行为、爱心、信心、清洁上，都作信徒的榜样。

I Timothy 4:12 提前

Timothy was a young pastor.

提摩太是个年轻牧师。

He was Paul's co-worker in God's ministry.

他是保罗在神的事工上的同工。

Paul wrote to Timothy to teach and encourage him.

保罗写信给提摩太，劝导鼓励他。

To have courage.

劝他要有勇气。

To set a good example.

要立下好的模范。

We see that young people can love and serve God.

我们看到，年轻人能够爱神，事奉神。

They can lead in faith and love.

他们能够在信心，在爱心上领导别人。

Be a model for all to see.

成为众人效法的一个榜样。

This is a principle that god wants us to learn.

这是神要我们学习的一个原则。

For our listener friends, especially those of you who are young.

对听友你，特别如果你还是年轻人的话。

Remember that no matter where you go,

请记得，不论你往哪儿去。

No matter whatever you say,

不论你说什么。

And whatever you do,

不论你做什么。

You represent Jesus Christ.

你都代表耶稣基督。

Show and demonstrate the love of Jesus Christ.

你要向人展现基督的大爱。

Be Christ to those who don't know Him.

对不认识神的人而言，你就代表了基督。

This is a life that pleases God.
这样的生命，讨神的喜悦。
And it's a challenge for all of us.
也是对我们每个人的挑战。

Well, time really flies.
时光过得好快啊。
It's time to say good bye.
又到了和你说再见的时候了。
We truly treasure the time that we spent with you.
我们珍惜和你在一起的时光。
Don't forget to review all of our lessons on our website.
别忘了上我们网站来复习过往播过的课程。
Today's lesson is # 379.
今天这一课，是编号 379。
We look forward to meeting you again on our next program in English World.
期待下回《英语世界》节目时间和你再相见。
See you next time. God Bless.

Mark, we are no longer young.
Well, speak for yourself. I don't feel old yet.
I know. You look young, and stay young.
And I am also staying young at heart.
Yes, you are.
But boy, I am old. You're right.