

## Time To Dance 跳舞时光 — 2月9日

Hello and welcome to English World.

又是《英语世界》的节目时间了。

We are your friends Mark, along with Wen-Jie.

我们是你的广播朋友马可和文洁。

Wen-Jie, did you see the dancing TV show last night?

昨晚电视的跳舞节目？No, I didn't. 我没看。 Which one was that?

“Dancing with the Stars”. It's fun to watch.

原来是《星随舞动》那个节目，是马可爱看的节目之一

The couple I considered best, won the competition.

他认为表现最好的那一对，赢了比赛。That's great. Mark, I didn't know you enjoy watching dancing.

I do, because I think I can dance! I especially love the Latin Dancing.

他说他认为自己能跳舞，他特别爱看南美拉丁舞表演。 Does that mean --  
-?

Oh, no. I don't know how to do Latin Dancing.

他说，他不会跳拉丁舞。

My wife Judy and I enjoy ballroom dancing.

但是他和妻子 Judy 倒很喜欢跳交际舞。 Really?

Yeah. Do you dance too, Wen-Jie?

Huh, I can dance some, but not very well. 我可以跳但跳得不好。

Oh, with a little work it can be a lot of fun. Just move your feet with the rhythm.

他说只要用点心学，跳舞就会很有趣，只要 move your feet with the rhythm 跟著韵律动你的脚就是了。

And if you dance with a partner,

那如果你有个舞伴的话，

Try your best not to step on his or her feet.

Ha, 那尽量不要踩著对方的脚就对了。This is easier said than done. 这说来容易，作来难。

### All Kinds of Dancing 各样的跳舞

Ballroom dance 交际舞

Ballet 芭蕾舞

Folk Dance 民俗舞，土风舞

Latin Dance 拉丁舞

Hip Hop 嘻哈舞

Wen-Jie, have you seen the movie “The King and I”?

Of course. 我看过这部电影，「国王与我」。

There's a very famous dancing scene in that movie.

Yes. 片子里有一场著名的跳舞场面。

You must remember the song: Shall We Dance?

是阿，我记得 Shall We Dance 那首歌，特别是副歌的部分。

Would you try it for us? (OK.)

Shall we dance? (One, two, three and?)  
On a bright cloud of music shall we fly? (One, two, three and?)  
Shall we dance? (One, two, three and?)  
Shall we then say "Goodnight and mean "Goodbye"? (One, two, three and?)  
Or perchance,  
When the last little star has left the sky,  
Shall we still be together  
With our arms around each other  
And shall you be my new romance?  
On the clear understanding  
That this kind of thing can happen,  
(together) Shall we dance?  
Shall we dance?  
Shall we Dance? (humming music)

And the King and Anna dance and dance and dance...

国王和安娜就这样不停的跳舞。

Do you know what kind of dance that was?

他们跳什么舞？Were they dancing Waltz?

You are right. They dance Waltz.

他们跳的正是 Waltz 华尔兹舞。(humming)

Mark, not everyone likes to dance. 但不是每个人都喜欢跳舞的。

I know. I know people who are scared of dancing.

是阿，我们都有朋友是很怕跟人跳舞的。

In the west, it's a tradition for the bride and groom to dance the first dance at the wedding reception.

在西方有个传统，婚宴上新人要起头跳第一支舞，That can scare some people off.

Well, it shouldn't. It's just a celebration dance.

其实那不过就是一个欢庆式的跳舞，不用怕的。

Of course, some people have more dancing ability than others, like our producer Josh.

当然，有些人比较有跳舞才华，像我们的制作人 Josh.

Coming up next we are going to hear a conversation of Josh and his friend Adam.

紧接著，我们要听一段 Josh 和他的朋友 Adam 的会话。

They are in a dancing club.

他们在一个跳舞俱乐部（夜总会）。

Let's listen to their conversation.

来听听他们的会话。

\*Dialogue

(Music – Disco)

A: This place is awesome, and they are playing good music right now.

J: Yeah, I love this song. Should we hit the dance floor?

A: Huh, I'm not sure. I don't think I'm a good dancer.

J: Me neither. Who cares?

A: Okay. I'll follow you to the dance floor.

J: Check out these amazing dance moves. Let's have fun.

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好，现在我们来帮助你了解会话内容。

This place is awesome, and they are playing good music right now.

这地方太棒了，他们现在正播放的音乐也很好听。

Yeah, I love this song. Should we hit the dance floor?

是阿，我很喜欢这首歌。我们进舞池去跳跳舞吧？

Huh, I'm not sure. I don't think I'm a good dancer.

嗯，我不肯定ㄟ。我想我不是个很会跳舞的人。

Me neither. Who cares?

我也不是。谁管那么多。

Okay. I'll follow you to the dance floor.

那好，我跟著你下到舞池去。

Check out these amazing dance moves. Let's have fun.

我来跳几个很不错的舞步给你看看，让我们开怀尽兴吧。

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Dancing can be as simple as moving to beat of the music.

跳舞可以很简单，就是跟著音乐节拍跳动。

It can express happiness and joy.

以表达快乐、喜乐的感受。

Or dance can involve a great deal of skill with a difficult dance routine.

而跳舞也可以包含技巧难度高的舞步，dance routine 指的就是固定的舞步组合。

Which create powerful emotions.

以创造出强而有力的情感。

Do you like to dance?

听友，你喜欢跳舞吗？

Let's listen the Everyday Dialogue again.

我们再来复习每日会话。

A: This place is awesome, and they are playing good music right now.

J: Yeah, I love this song. Should we hit the dance floor?

A: Huh, I'm not sure. I don't think I'm a good dancer.

J: Me neither. Who cares?

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The Bible tells us that there's a time for everything.

圣经里说，凡事都有它的时候。

There's a time to weep and a time to laugh,

哭有时、笑有时，

a time to mourn and a time to dance,

哀恸有时、跳舞有时。

King David wrote these words in the Bible.

圣经里,大卫写下这样的话说：

## Verse For Life 生命经文

You have turned my mourning into joyful dancing.  
你已将我的哀哭变为跳舞、  
You have taken away my clothes of mourning  
将我的麻衣脱去、  
and clothed me with joy.  
给我披上喜乐。

Psalm 30:11 诗篇

David knew the feeling of sorrow and pain.

大卫知道忧伤痛苦的感受。

He experienced much suffering in his life.

他生命里经历了许多的苦难。

Yet, he knew who to turn for help.

然而，他知道要向谁求助。

God was his Rock and Salvation.

神是他的磐石和拯救。

And For all of us who put our faith in Jesus,

对我们所有愿意信靠耶稣的人。

God is present in our lives,

神就在我们的生命里。

He gives us songs of joy in our salvation,

他赐给我们救恩，给我们喜乐的歌。

And sets our feet to dancing.

使我们能欢欣跳舞。

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Listener friends, we're glad you have joined us today.

听友，我们真高兴你收听我们的节目。

Our topic today was: Dancing Time.

我们今天主题是，跳舞时光。

We would like to hear from you. So, please write to us.

我们希望有你的回音。请来信，

All of our English world programs are on our website for you.

你能上我们的网站复习《英语世界》的内容。

So check us out at: [engworld.org](http://engworld.org), [e-n-g-w-o-r-l-d.org](http://e-n-g-w-o-r-l-d.org)

Until next time, We are your radio friends Mark.

And I am Guo Wen-Jie.

God Bless you.

改回再见

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Now Wen-Jie, in dancing you always have to know what the beat is.

You mean: 123, and 123

Or 1234, 1234

Why is this important?  
Well, You don't want to mess up by stepping on your partner's feet.  
That's why.