

## What's For Dinner? 今晚吃什么？ — 3月1日

Hello Listener friends. Welcome to English World. I am Mark.

And I am Guo Wen-Jie. 欢迎你收听英语世界

We are happy that you've tuned into our program today.

是阿，我们很开心你今天收听我们的节目

We have talked about food on several programs in the past.

我们在过往节目里曾谈过吃的主题

Wen-Jie, What kind of food do you like to eat?

嗯，我喜欢吃什么呢？

Well Mark, I know you love pizza.

Of course. Especially the deep dish.

我知道马可喜欢吃厚皮的批萨

Everyone loves pizza. You do, too.

That's right. 大家都爱吃批萨，我也喜欢

However, pizza is not American food. 但这可不是美国食物

No, it's not. A lot of people think it's Italian food.

Then, What's your favorite American food?

马可爱吃的美国食物到底是什么？

Well, I love a good thick Hamburger.

原来是大汉堡

With all the trimmings of onion, tomato, pickle, all sorts of good things.

包在里头的，有洋葱，番茄，腌黄瓜这些好东西

Oh..... it's so good to eat.

Ha. I don't know what's so delicious in a hamburger.

汉堡有什么好吃呢？

I still prefer to eat Chinese food. 中国菜好吃多了

So, after living so many years in the States, you still have a Chinese appetite.

Right. 不管住在国外多少年，我的中国胃还是没变

### What's For Dinner? 晚餐吃什么？

“What's For Dinner?” Is the most-asked question many husbands ask their wives.

许多丈夫最常问妻子的问题就是，晚餐吃什么呢？

Is it going to be Grilled chicken?

是烤鸡肉？

How about Hamburgers & Hotdogs?

汉堡热狗？

Or, Pizza?

批萨？

How about Tacos?

墨西哥玉米卷？

Maybe Leftovers?

剩饭剩菜？

Or, maybe Restaurant reservations?

还是，要预约餐厅？

Mark, talking about American food, guess what Chinese people think of?  
They are probably thinking of places like McDonald's, Burger King?

And Kentucky Fried Chicken.

许多人认为美国食物就是麦当劳、汉堡王、肯达基炸鸡

All restaurants are fast food.

I know. 都是快餐店食品

Well, we do have delicious cuisine.

美国人也有好吃的美食

Like, My wife cooks great Pot Roast, and bakes good Apple Pie, and the list goes on and on.

马可的太太做的烤肉，烤的苹果派很不错

And what are you cooking?

Well, Chinese Food, or course. 我当然是做中国菜！

Chinese food is very popular here.

中国菜在美国很风行

You and I have gone to China Buffet few times.

马可曾经几次到“任你吃到饱”的中国餐厅吃过

Do you know what we called the Buffet store ?

I don't know. Tell me.

Buffet 包肥。

Guaranteed to be FAT. 保证会肥

Well, I can see why. Who can resist Chinese food? We all know that producer Josh just can't get enough Chinese food.

是啊，我们制作人德嘉许非常爱吃中国菜！

Coming up next, Josh is going to tell us his love for the Panda.

Wait! Did you say Panda?

Yes. Not the Panda Bear in the zoo. It's the Chinese food chain called: Panda Express.

I see. 他说的，不是动物园里的熊猫，乃是《熊猫快餐连锁店》

So let's listen to what Josh talks about. Wen-Jie , you will translate for our listeners, right?

Of course. 我先来为你翻译

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\*Insert:<A Day In The Life of Josh: My Love for the PANDA

*MMMMMMMM YOU SMELL THAT!?*

MMMM...你闻到那个味道吗？

*It's the smell of the beautiful orange chicken, the amazing spice of the Kung PAO chicken, and the sauce off the amazing Beijing beef...*

那个味道就是颜色鲜艳的陈皮鸡、美好辛辣的宫保鸡，还有一级棒的北京牛的酱汁味道

*It's just so delicious. I just want to shove it in my face right now!*

实在是太美味了。我现今就想当面大口的把这些菜给吃下肚

*I love going to Panda express and pigging out on all this Chinese food!*  
我特别爱去 Panda Express 《熊猫快餐店》，大快朵颐这些好吃的中国菜！

*Chinese food hits Joshua's stomach just right....Chicken, rice, egg rolls, sweet and sour sauce....MMMMMM*  
中国菜很对我德嘉许的胃口！ 鸡肉嫩、米饭香、春卷脆、甜酸酱  
... MMMMM

*When I'm craving the Chinese cuisine, I am craving the Panda Express.*  
当我想吃中国料理时，我就渴望到<熊猫快餐店>去

*Panda Express. Gourmet Chinese food. Now that's good stuff.*  
《熊猫快餐店》，一流的中国菜，那真是个好地方！

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I like Panda Express, too. The food there is good.  
马可也爱吃熊猫店的食物  
Mark, if the name is "Express", that must mean: Chinese fast food.  
Chinese Fast Food it is, then!  
说来说去，还不过是快餐食品  
The Chinese immigrants here has changed the style of Chinese food.  
移民美国的华人改变了中餐的风格  
So, you are saying that it has been adapted to suit local palates?  
Right. 这是为了要迎顺本地人的口味而有的调整  
No matter what they have done to it, Chinese fast food is popular here.  
不管如何，中国快餐在西方很流行  
Let's have Josh tell us his Panda Express experience once again.  
我们再次来回味德嘉许的熊猫体验

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*MMMMMMM YOU SMELL THAT!?*

*It's the smell of the beautiful orange chicken, the amazing spice of the Kung PAO chicken, and the sauce off the amazing Beijing beef...*

*It's just so delicious. I just want to shove it in my face right now! I love going to Panda express and pigging out on all this Chinese food!*  
*Chinese food hits Joshua's stomach just right....Chicken, rice, egg rolls, sweet and sour sauce....MMMMMM*

*When I'm craving the Chinese cuisine, I am craving the Panda Express.*  
*Panda Express. Gourmet Chinese food. Now that's good stuff.*  
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Whether it's American or Chinese food, we choose to eat what we enjoy.

不论是美国菜或中国菜，我们会选择我们爱吃的食物

And we know food is essential to live.

食物很重要。我们需要食物来生存

We work hard to get good food.

我们努力工作好有得吃

Just like most of the people, we often worry about "What's For Dinner?"

就像多半人一样，我们常常担忧今晚吃什么？

But listen carefully to what Jesus says in the Bible.

但听听耶稣在圣经里说的话

### **Verse For Life 生命经文**

Jesus says,

耶稣说，

"Therefore I tell you, do not worry about your life, what you will eat;

所以我告诉你们、不要为生命忧虑吃什么。

or about your body, what you will wear.

为身体忧虑穿什么。

Life is more than food, and the body more than clothes.

因为生命胜于饮食、身体胜于衣裳。

Luke 12:23 路加福音

Jesus is reminding us, life is more important.

耶稣提醒我们，生命乃更重要

We are more important than what we eat or wear.

我们这个人，比我们吃什么穿什么更重要

God will provide what we need everyday.

神会供应我们每天所需的

So, stop worrying and put your trust in God.

所以，不要忧虑这些事，反倒要信靠神

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Listener friends, our lesson today is: What's For Dinner?

听友，今天这课叫做，晚餐吃什么？

Huh, I don't know what I'm eating tonight.

马可不知道他今晚吃什么

But I know I will have something to eat and I'm thankful to God.

但他感谢神，知道一定有饭吃

Wen-Jie, what's your dinner for tonight?

Well, I'll be cooking Tofu and Dumpling.

我今晚要做豆腐料理和锅贴

I'm sure it will be good.

Of course. 保证好吃

We hope you enjoyed your time learning English with us.

很高兴你收听我们今天的英语世界

And we look forward to hearing from you and seeing you again next time.

期待你来信，以及下回再相见

Until then, I'm your radio host Mark.

And I am Guo Wen-Jie.

So Long and Happy Eating!

祝你吃得开心愉快！

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Hey, I have never tried Tofu in my life.

Really? It's soft. It's nutritious. And it's delicious. You should try it.

Hmn....I don't know. Try convincing Josh to try it first. If he likes it, then I'll try it.

All right. It's a deal.