

## **Saving Energy 节约能源 — 5月17日**

Hello Listener friend. Welcome to English World! I am Mark, along with Wen-Jie.

That's right. 欢迎你收听英语世界

Wen-Jie, isn't the weather nice?

Oh yes. It's wonderful. Spring is here.

春光明媚，天气好极了

Not too long ago, we celebrated Arbor Day and Earth day.

不久前才刚刚过了植树节和地球日

In the United States, we observe Arbor Day and Earth Day on April 22nd.

你可知？在美国，植树节和地球日都是4月22日

Many countries in the world hold events and activities in observance of this day.

事实上，世界许多国家也在这天举行相关的活动

It's a day we think of the importance of the environment.

在这天，我们关心全球环境的重要

Well, it shouldn't be just a one day thing.

我认为这不该只是一天关心就好了

You are right. This earth is our home. We live on it and depend on it.

地球是我们居住依赖的家

Nobody wants a home that is messy and dirty, right?

没有人喜欢自个儿的家是又乱又脏的，对吧？

The Bible tells us: In the beginning, The Creator God made the heavens and earth.

圣经告诉我们，最起初，创造主创造了天和地

And when God finished creation, he declared everything was good.

当神完成造物之工后，他宣告所造一切都是好的

God commanded the first humans Adam and Eve to care for His creation.

神也命令人类始祖亚当夏娃，要照管治理全地

That is to say, we should engage in creation care.

That's exactly right.

也因此，我们需要积极来爱护管理自然大地。

### **Wisdom From Proverb 智慧谚语**

“Take care of the earth and she will take care of you.”

好好照顾保护大地，那它也会好好回报照顾你

This means that our health is connected to the health of the earth.

这句意思是，我们的健康和大自然生态的健全直接相关

We are part of God's creation.

我们是神所造的一部分

If we damage or destroy creation, we damage and destroy ourselves.

我们若破坏摧毁大自然，我们就是伤害摧毁自我

But if we care for creation, we will also be caring for ourselves.

我们若照顾整个大地，我们也就是照顾到自已了

So the proverb says, Take care of the earth and she will take care of you.

所以谚语说，好好照顾保护大地，那它也会好好回报照顾你

Mark, I can think of some good examples of caring for creation.  
对照管自然大地，我想到不同的方式

Like what?

Like: Planting a Tree.

好比，栽种一棵树，

or Recycle

整理垃圾，作资源回收

I have been reading about how to use resources wisely and save energy.

马可近来想到要如何善用资源，节省能源

Well, if we save energy, we are saving money too.

没错！节约能源，也就节省钱包

Tell us what you've found out.

Do you want to know how to save several hundred dollars a year?

想知道一年能够省下几百美元的方法吗？

Of course.

Use rechargeable batteries instead of disposable ones.

用 rechargeable 可充电式的电池，取代 disposable 使用后就丢弃的  
电池

For my Shaver and Camera, I use rechargeable batteries.

他的刮胡刀，照像机都用充电式电池

Good thinking!

Another one... Buy locally.

Buy locally

买本土的产品

I know. This can stimulate the local economy.

这可以刺激当地的经济

Right. It will save energy because products haven't traveled across the globe to get to you.

这也可以节省能源，因为货品不需要从地球另一端长途运送到你手中

It makes sense. I should shop more often in the farmer's market.

我该多买本地菜市场的东西

And do you notice? In the kitchen of our office, we have reuseable plates, forks and mugs.

You are right.

我们办公室厨房里有能够一用再用的碗盘刀叉和杯子

Instead of paper and plastic ones that we use only once and then throw away.

不用那种一次用后随丢的纸盘和塑料刀叉

And the dishwashers are run everyday.

也每天都用洗碗机洗脏盘子杯子

This saves a lot of resources.

这避免浪费

Also, we are being encouraged to save information and documents electronically,

近来办公室也鼓励员工把资讯和文件以电子方式保留，

Rather than printing a hard copy.

而不是以纸张印出来

This conserves paper and saves cost.

这能节约用纸，节省花费。

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Wen-Jie, you know I love to work in the garden outside my home.

I know.

马可喜欢整理家里前后院的花草

I choose to water my garden in the morning or evening when temperatures are cooler.

他会选择在气温较凉爽的早晨或傍晚时刻浇花

And with the cost of gas shooting up high, I combine trips when I drive my car.

近来油价居高不下，他开车出门会一趟作几件事

In order to save gas. 省油!

If I have to wait for more than 30 seconds, I usually turn off the engine.

如果他等人要超过 30 秒，他会关掉引擎 Wow!

That will reduce the pollution.

这可以减低空气的污染

And in the winter, we keep our home cooler and wear a sweater inside. This reduces the heating cost.

冬天在家，他会把室温调低，加穿一件毛衣。这可以省暖气费用

And one more important reminder: avoid running large appliances during peak energy demand hours.

另外，避免在能源被使用的颠峰时刻，启用大型的家电用品

Like doing laundry or running dishwasher.

像，电动洗衣洗碗等

Peak energy demand hours are: 7-9am and 4-7pm.

能源使用颠峰时刻是早上 7 点到 9 点，下午 4 点到 7 点

I get it. Wow! Mark, you are good. I got so many tips from you today.

We do want to do our best to save water, save gas and electricity, save energy...

我们要尽上努力省水，省油，省电，省能源

Save money 省钱包

Yes. Save money and... save the earth!

也 save the earth 拯救地球

### **Verse For Life 生命经文**

The earth is the LORD's, and everything in it;

地和其中所充满的，属于耶和华神。

the world, and all who live in it."

世界和住在其间的，也都属于他。

Psalms 24:1 诗篇

Living on this earth, We need and use all kinds of resources.

在世上生活，我们需要也使用各样的资源

But resources are all finite and limited.

但是所有资源都是很有限的

We can cut down one tree, but not a whole forest.  
我们能够砍一棵树，而不是整个森林

We can use some water, but not too much.  
我们能够用一些水，而不是大量用水

Remember, We are sharing this earth with other people and other creatures.  
要记得，其他的人和生物都和我们一起共享这个大地

Everything belongs to God, not us.  
所有一切都属于神，不是我们

Since God creates and cares about His creation, so should we.  
神既然创造，看护他所造的一切，我们也该这么作

Instead of thinking that we possess and own the resources.  
不该认为，我们拥有独占所有这些资源

We should see ourselves as the stewards of God's creation.  
我们该看自己乃是神所造之物的管家

We need to show respect for God by not abusing the environment.  
我们需要尊重神，不按自己意思来滥用资源，破坏大地环境

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OK Well, guess what?  
I know. Time's up.

That's right. Listener friend, we are so glad you have joined us today in English World.

We look forward to seeing you again next time.  
今天很感谢你的收听

Don't forget to request the free booklet we offer to you.  
不要忘了索取我们赠送的小册子

Until next time, I am your radio friend Mark.  
And I am Guo Wen-Jie.

Zai-Jian and Stay Tuned.

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Mark, you are so good in saving energy and money. You must save a lot.

Well, I do save a lot by using less. You can do the same.

All right. First, I'll try to take shower in a shorter time. That will save water. Next, I'll drive less and do more walking....

Good. Keep it going...