

## Seeing A Doctor 看医生 — 1 月 24 日

You are listening to English World. I am Mark.

And I am Guo Wen-Jie.

欢迎你收听英语世界

How are you today, Listener friends?

听友你今天好吗？

We hope you are healthy and well.

希望你身体健康安好

And you are enjoying this day that God has made.

开心享受神所赐下的这一天

You know what Wen-J, I was sick over the weekend.

Oh, I'm sorry to hear that.

马可老师周末时身体感到不舒服

What was wrong?

I had a cold

原来他感冒了

I was sneezing and coughing.

他不停地流鼻水，又咳嗽

My whole body was aching.

全身酸痛

I was miserable.

那个感觉遭透了

So, Did you see a doctor?

有没有去看医生呢？

No. I took some over the counter medicine and went to bed early.

他吃了药房卖的感冒药，早早上床睡觉

By the next morning I was feeling much better.

到了第二天早上，他觉得好多了

After a couple of days of rest, I am completely well now.

经过几天的休息后，他现在已经全然康复

Thank God for that.

他很感谢神

## Vocabulary 123 生词点滴

Sick

sick 是形容词，生病

He is sick.

他病了

or we say, He is ill.

或者说，He is ill

Sickness

sickness 是名词，生病

We can also say, illness.

也可以用 illness 代替

He didn't come to class because of sickness.

他因为生病没有来上课

The sick

the sick 指生病的人

Let's visit the sick in the hospital.

让我们去医院探望生病的人

Well Mark, I am glad to see you recovered so quickly.

他能很快复原太好了

Thanks. What I can say is this: It's no fun being sick.

他说，生病真不是好玩的事

I know.

But I am thankful that my wife is a nurse.

但是他很感谢神，因为他的妻子是个护士

She took care of me while I was sick.

他生病时，妻子细心的照顾他

Good for you.

But of course, if I am really sick I usually see a doctor.

但是如果真是病得重，他说他通常会去看医生的

Wen-J, do you have a family doctor?

Yes, I do.

我是有一位家庭医生

But, I don't like to see the doctor.

但我不喜欢看医生

Why not?

I am always nervous when I have doctor visits.

看医生总让我很紧张

Well, think of it as something you do everyday.

他说，把它看成天天作的家常事就好了

In the West, it's quite common to have an annual check up.

在西方，年度的身体检查是很常有的事

Usually before a new employee starts a new job,

通常一个新的员工在开始新工作之前，

He or she is required to have a physical.

公司会要求新员工作个身体检查 Physical 就是体检  
Coming up next, we are going to hear a reading.  
接下来，我们先来听一段文章

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*“Jason was hired by a big company. He had to have a physical for his new job. He called the clinic to make an appointment. He arrived at the clinic early on the day of appointment because he was a little nervous about it. He filled out a medical history form while he waited. And then, a nurse called him in.”*

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Now Wen-J will explain what you have just heard.  
这段文章的内容是：

Jason 刚刚被一间大公司录用。公司要求他要作一个体检。他打电话给诊所，约了看医生的时间。见医生的当天，他因为他心里有点紧张，提早到达诊所。在等的时候，他填写了一份医疗纪录表，不久之后，一位护士叫他进去预备。

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*“Jason was hired by a big company. He had to have a physical for his new job. He called the clinic to make an appointment. He arrived at the clinic early on the day of appointment because he was a little nervous about it. He filled out a medical history form while he waited. And then, a nurse called him in.”*

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What does the nurse ask Jason to do? Let's listen to today's Everyday Dialogue and find out.

护士要 Jason 做什么呢？接下来，就是今天的「每日会话」

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\*Dialogue

Nurse: *Hi, Jason. Step on the scale so I can weigh you.*  
Jason: *OK.*

Nurse: *Hi, Jason. Step on the scale so I can weigh you.*  
站上体重计，我来量你的体重  
weigh you 是量体重

Jason: *OK.*

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Nurse: *Next, I am going to measure your height.*

Jason: *All right.*

Nurse: *Next, I am going to measure your height.*

接著，我要来测量你的身高

measure height 是量身高

Jason: *All right.*

好的

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Nurse: *You can sit down for me, so I can check your blood pressure.*

*Try to stay still.*

Jason: *Not a problem.*

Nurse: *You can sit down for me, so I can check your blood pressure.*

你可以坐下，好让我量你的血压

check blood pressure 是量血压

*Try to stay still.*

试著不要乱动

stay still 是静止不动

Jason: *Not a problem.*

没问题

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Jason: *Are you going to take my temperature, too?*

Nurse: *Sure.*

Jason: *Are you going to take my temperature, too?*

你也要量我的体温吗？

Take temperature 是量体温

Nurse: *Sure.*

那当然了

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Nurse: *Now, you need to take off your shirt and put on this gown. The*

*Doctor will be in to examine you soon.*

Nurse: *Now, you need to take off your shirt and put on this gown.*

现在，你需要脱下衬衫，穿上这件袍子

*The Doctor will be in to examine you soon.*

医生很快会进来为你作体检

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Now, Let's review the above conversation.

现在我们来听一回以上的对话

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\*Dialogue

Nurse: *Hi, Jason. Step on the scale so I can weigh you.*  
Jason: *OK.*

Nurse: *Next, I am going to measure your height.*  
Jason: *All right.*

Nurse: *You can sit down for me, so I can check your blood pressure.*  
*Try to stay still.*  
Jason: *Not a problem.*

Jason: *Are you going to take my temperature, too?*  
Nurse: *Sure.*

Nurse: *Now, you need to take off your shirt and put on this gown. The Doctor will be in to examine you soon.*

**It's Time for the Check Up 体检时刻**

Breathe deeply	作深呼吸
Hold Your Breath	秉住呼吸
Lift your arm	举起你的手臂
Make a fist	握紧拳头
Turn your head	转你的头,
Look Up	向上看
Open your mouth	张开嘴巴
Say "Ah-	说「阿—」

What happened at Jason's check-up time?

Jason 的 体检如何呢？

Next listen to the next paragraph and find out.

请你仔细来听下面这段话

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*"The doctor checked Jason's ears, throat, and reflexes. The doctor listened to his heart and his lungs. The doctor asked many questions. And at the end, the doctor said to Jason: Everything looks good to me."*

「医生检查了 Jason 的耳朵，喉咙，和反射作用。医生仔细地听他的心跳和他的肺部。医生问了许多问题。最后，医生对 Jason 说：一切看来都很好。」

*“The doctor checked Jason’s ears, throat, and reflexes. The doctor listened to his heart and his lungs. The doctor asked many questions. And at the end, the doctor said to Jason: Everything looks good to me.”*

**Verse of the Week 每周金句**

Jesus said,

耶稣说，

“It is not the healthy who need a doctor, but the sick.

没有病的人用不著医生，有病的人才用得著

I have not come to call the righteous, but sinners to repentance.”

我来本不是召义人悔改，乃是召罪人悔改。

Luke 5:31,32 路加福音

We all get sick sometimes.

我们都不免会生病

But not many people are aware of spiritual sickness.

但是不是很多人察觉到属灵上的生病

They seem to live a good life.

他们看来好像活得很好

They are proud of their behavior,

他们为自己的行为感到骄傲

And they are blind to their need for a Savior.

他们看不见自己实在需要救主

But for those who are humble and poor spiritually,

但是对那些灵性谦卑贫乏的，

Jesus has come to save and heal.

耶稣来为要拯救和医治他们

Calling them to repentance.

呼召他们来悔改

And giving them a new and changed life.

并要赐给他们一个崭新的生命

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Well listener friend, do you see the need for the Savior in your life?

听友，你是否看到你生命里需要救主呢？

We are happy to answer any questions you have about faith in Christ.

我们很愿意回答你有关基督信仰的问题

Of course, we are here also to help you with your English learning.

当然了，我们也乐意帮助你学习英语

So write to Wen-J today.

今天就写信来给我文洁吧

We'll see you next time. God Bless.

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Well Wen-J, seeing a doctor it's not that big a deal.

I know.

You don't need to be nervous about it.

All right.

Just get used to it. Try to make an appointment for every month.

You must be joking...