## Don't Assume You Know It All 别自以为有智慧 — 2013年4月9日

We're so glad that you are here. We are your radio friends. I am Mark.

And I am Guo Wen-Jie.

We want to thank you listener friends who took time to write to us. Your words have encouraged us greatly.

感谢听友你来信来电邮,对我们是很大的鼓励。

We want to connect with you and help with your English learning.

我们愿意成为你英语学习的良师益友。

And, be sure to visit our website to review and learn even more.

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Mark, you are a good English teacher.

Oh, Thanks. But, even though I grew up speaking English, there are still many things I don't know about English.

马可说,英语上他还有很多要学习的 Like what?

Like grammar. I wouldn't know how to explain it.

好比, 他就不懂得要如何解释文法。

I just know what sounds right or not.

虽然他知道什么听来是正确的与否。

And there are times I don't know how to pronounce some words correctly.

有时,他也搞不清一些字的正确读音。

That's when Josh, our producer steps up to the plate.

那当头,他就会请教制作人德嘉许 Well, I'm so glad that both of you are in the English World team. We are so blessed to have you teaching us.

Well, thank you. OK, coming up we are going to listen to this verse from the Bible.

接下来,我们来听一段经文。

Proverbs 3:7-8

箴言 3 章 7-8 节

"Don't assume that you know it all. Run to God! Run from evil! Your body will glow with health, your very bones will vibrate with life!" 不要自以为有智慧,要敬畏耶和华,远离恶事。 这便医治你的肚脐,滋润你的百骨。

In this verse, there's a phrase: don't assume. Here, Assume means accept something as truth without checking.

经文中,有一个词 don't assume. Assume 是动词,意思是接受一些事实却没有查证清楚。

We often like to make assumptions. And later found out that we were wrong. 我们通常喜欢 make assumptions(assumption 是名词)做一些猜想假定,结果后来发现是不正确的。

Assuming things can lead to misunderstanding and miscommunication.

这可以导致误会或沟通不良。

That's why we have this saying: Don't assume anything. Or, Never assume anything.

也因此,有话说:不要假定猜想任何事。

But instead, check things out, ask questions, and research it...etc.

反而,应该查证,问问题,作研究等。

So, Don't assume you know all the answers.

别认定你知道所有答案。

Don't assume you understand the whole situation.

别以为你知道整个情况如何。

Don't assume your way is always right.

别认为你的决定就总是对的。

Don't assume that you know it all.

不要自以为有智慧。

Let's review the phrases: Don't Assume, Don't Assume Anything, Never Assume Anything, Don't Assume You Know It All.

Coming up next, our friend and team member Eric will explain the meaning of the passage.

接下来 Eric 老师要解释经文的含意。

## Words to Live By 圣经良言

Proverbs 3:7-8,

"Don't assume that you know it all. Run to God! Run from evil! Your body will glow with health, your very bones will vibrate with life!" 不要自以为有智慧,要敬畏耶和华,远离恶事。 这便医治你的肚脐,滋润你的百骨。 When we were children, we were very selfish. We thought that if we got what we wanted, we would be happy. Now that we are older, we still think this way. We are sure that we know how to get a good life for ourselves.

当我们还是孩童时,我们总是很自私。我们认为只要得到我想要的,我就会快乐。现今我们年长些了,却还是这么认为,也自认知道怎么为自己得个好生活。

But the Bible says, "Don't think that you know it all." Only God knows how to give us a good life. He knows what is best for us.

但圣经却说: "不要自以为你有智慧。"惟有神知道怎样赐给我们一个美好的生命。 他知什么对我们是最好的,

This is because He made us and He loves us. So, the Bible tells us to run to God, and to run away from evil, from selfishness.

因为他创造我们且爱我们。也因此,圣经教导我们要转向神,远离恶事,不自私 自利。

If we do this, we will have a much better life. Even our body will be healthier than it was before. Our life will change. It will be a good change.

我们若这样的过日子,我们的生命会更好。我们的身体更健康,我们的生命会改变。那将是一个极好的改变。

These "words to live by" are found in the Bible, in the book of Proverbs, chapter 3, verses 7 and 8: 今天圣经良言出自箴言 3 章 7, 8 节

"Don't assume that you know it all.
Run to God! Run from evil!
Your body will glow with health,
your very bones will vibrate with life!"
不要自以为有智慧,要敬畏耶和华,远离恶事。
这便医治你的肚脐,滋润你的百骨。

Now that you understand the meaning, let's listen to Eric once again. This time without interruption.

我们紧接着再听一回 Eric 老师的讲解,这回不间断。

"Don't assume that you know it all. Run to God! Run from evil! Your body will glow with health, your very bones will vibrate with life!" When we were children, we were very selfish. We thought that if we got what we wanted, we would be happy. Now that we are older, we still think this way. We are sure that we know how to get a good life for ourselves.

But the Bible says, "Don't think that you know it all." Only God knows how to give us a good life. He knows what is best for us.

This is because He made us and He loves us. So, the Bible tells us to run to God, and to run away from evil, from selfishness.

If we do this, we will have a much better life. Even our body will be healthier than it was before. Our life will change. It will be a good change.

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"Don't assume that you know it all. Run to God! Run from evil! Your body will glow with health, your very bones will vibrate with life!"

Listener friend, Isn't it interesting? The way to have health is to trust in God's wisdom and refuse to do evil actions.

要得到健康,方法是信靠神的智慧,也不行恶事。

And as the result, we will receive healing for our body and strength for our bones.

结果就是,我们身体得医治,骨头得到力量。

A good reminder for us.

对我们是个很好的提醒。

Today's key phrase was: Don't assume you know it all.

今天的关键词: Don't assume you know it all. 别自以为有智慧

So. Wen-Jle, don't assume that I know everything about English.

Haha. All right. But, I can assume you know quite a lot, right? Definitely. Anyway, listener friend, if you have any question, Send us a letter or email and we'll be happy to reply.

我们乐意回答你的问题,请写信来。

And next week, we will bring you another lesson of English. Until then, Zai-Jian and God Bless You.